

My Legacy

A Project Inspired
by StoryCorps®



Everyone has a unique story to pass on to future generations. The *My Legacy* project gives patients the opportunity to make an audio recording of their life story to share memories with family and loved ones.

My Legacy captures and preserves a person's life story as they are approaching significant physical changes. Illness often causes us to stop and reflect, to ask the deeper and more significant questions about life that often go unattended.

This service not only provides an audio recording of a loved one's story in their own words, but also a compilation of their thoughts and memories to be given to future generations. A volunteer will record your memories wherever you call home.

To schedule a *My Legacy* session ask your hospice or palliative care nurse or social worker to pass your request along to the program coordinator. You or your family may also call Mary Pleasant, Hospice Volunteer Services Coordinator at 802.442.0540 to arrange a session or to gain more information about the *My Legacy* Project.

Interested in leaving a legacy?

Contact Mary Pleasant,
Hospice Volunteer
Services Coordinator at

802.442.0540

VNA & HOSPICE
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Serving Bennington and Rutland Counties

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