

Is it a **cold** or is it the **flu**?

SYMPTOM	COLD	FLU
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Speed or onset



Gradually or within days

Quickly within hours



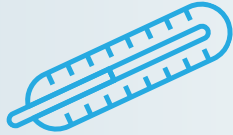
Body aches



Gradually or within days

Severe body aches

Fever



Usually mild under 100

Usually high over 100

Cough/Headache



Mild cough and headache

Severe cough may have severe headache



**Call the Flu Hotline
Call 802.770.1574**

VNA & HOSPICE
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